SECTION G: MENTAL HEALTH

A. DEPRESSION

GA1. Now I would like to ask about your physical and emotional health. During the past 12 months, was there ever a time when you felt sad, blue, or depressed for two weeks or more in a row?

- 1. YES → GA1a
- 5. NO → TURN TO P. 56, GA9
- 6. [IF VOL] I WAS ON MEDICATION/ANTI-DEPRESSANTS → TURN TO P. 56, GA9

GA1a. For the next few questions, please think of the two-week period during the past 12 months when these feelings were worst. During that time did the feelings of being sad, blue, or depressed usually last all day long, most of the day, about half the day, or less than half the day?

- 1. ALL DAY LONG → GA1b
- 2. MOST OF THE DAY → GA1b
- 3. ABOUT HALF THE DAY → TURN TO P. 56, GA9
- 4. LESS THAN HALF THE DAY → TURN TO P. 56, GA9

GA1b. During those two weeks, did you feel this way every day, almost every day, or less often?

- 1. EVERY DAY → GA1c
- 2. ALMOST EVERY DAY → GA1c
- 3. LESS OFTEN → TURN TO P. 56, GA9

GA1c. During those two weeks did you lose interest in most things?

- 1. YES
- 5. NO

GA1d. Did you feel tired out or low on energy all the time? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

- 1. YES
- 5. NO

GA2. Did you gain or lose weight without trying, or did you stay about the same? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. GAIN	2. LOSE	3. [IF VOL] BOTH GAINED AND LOST WEIGHT	4. STAY ABOUT THE SAME	5. [IF VOL] R WAS ON A DIET

GO TO GA3

GA2a. About how much did (you gain/ you lose/ your weight change)? (IF R GIVES A FRACTION, PROBE: "PLEASE ROUND TO THE NEAREST POUND.")

_____ POUNDS

GA3. Did you have more trouble falling asleep than you usually do? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO → GO TO GA4

GA3a. Did that happen every night, nearly every night, or less often during those two weeks

1. EVERY NIGHT	2. ALMOST EVERY NIGHT	3. LESS OFTEN

GA4. Did you have a lot more trouble concentrating than usual? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA5. People sometimes feel down on themselves, no good, or worthless. Did you feel this way? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA6. Did you think a lot about death -- either your own, someone else's, or death in general? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA7. INTERVIEWER CHECKPOINT -- (COUNT YES RESPONSES IN GA1c-GA6)

☐ 1. ZERO "YES" RESPONSES → TURN TO P. 59, GB1

☐ 2. ONE OR MORE "YES" RESPONSES

GA8. Reviewing what you just told me, you had two weeks in a row during the past 12 months when you were sad, blue, or depressed and also had some other things like (READ ALL DESCRIPTIONS IN YES BOXED RESPONSES GA1c-GA6). About how many weeks altogether did you feel this way during the past 12 months?

_____ # OF WEEKS

52. [IF VOL] ENTIRE YEAR → TURN TO P. 59, GB1

GA8a. Think about this most recent time when you had two weeks in a row when you felt this way. In what month and year was this?

MONTH _____ YEAR _____ → TURN TO P. 59 , GB1

GA9. During the past 12 months, was there ever a time lasting two weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?

1. YES

5. NO

6. [IF VOL] I WAS ON MEDICATION/ANTI-DEPRESSANTS

→ TURN TO P. 59, GB1

GA9a. For the next few questions, please think of the two-week period during the past 12 months when you had the most complete loss of interest in things. During that two-week period, did the loss of interest usually last all day long, most of the day, about half the day, or less than half the day?

1. ALL DAY LONG

2. MOST OF THE DAY

3. ABOUT HALF THE DAY

4. LESS THAN HALF THE DAY

→ TURN TO P. 59, GB1

GA9b. Did you feel this way every day, almost every day, or less often during the two weeks?

1. EVERY DAY

2. ALMOST EVERY DAY

3. LESS OFTEN → GO TO P. 59, GB1

GA9c. During those two weeks, did you feel tired out or low on energy all the time?

1. YES

5. NO

GA10. Did you gain or lose weight without trying, or stay about the same? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. GAIN

2. LOSE

3. [IF VOL] BOTH GAINED AND LOST WEIGHT

4. STAY ABOUT THE SAME

5. [IF VOL] R WAS ON A DIET

→ GO TO GA11

GA10a. About how much did (you gain/you lose/your weight change)? (IF R GIVES A FRACTION, PROBE: "PLEASE ROUND TO THE NEAREST POUND.")

_____ POUNDS

GA11. Did you have more trouble falling asleep than you usually do? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES

5. NO → NEXT PAGE, GA12

GA11a. Did that happen every night, nearly every night, or less often during those two weeks

1. EVERY NIGHT

2. ALMOST EVERY NIGHT

3. LESS OFTEN

GA12. Did you have a lot more trouble concentrating than usual? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA13. People sometimes feel down on themselves, no good, or worthless. Did you feel this way? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA14. Did you think a lot about death -- either your own, someone else's, or death in general? (IF R ASKS: "ARE WE STILL TALKING ABOUT THE SAME TWO WEEKS?" ANSWER: "YES.")

1. YES	5. NO

GA15. INTERVIEWER CHECKPOINT -- (COUNT YES RESPONSES IN GA9c-GA14)

☐ 1. ZERO "YES" RESPONSES → NEXT PAGE, GB1

☐ 2. ONE OR MORE "YES" RESPONSES

GA16. Reviewing what you just told me, you had two weeks in a row during the past 12 months when you lost interest in most things and also had some other things like (READ ALL DESCRIPTIONS IN YES BOXED RESPONSES GA9c-GA14). About how many weeks altogether did you feel this way during the <u>past 12 months</u>?

_____ # OF WEEKS

52. [IF VOL] ENTIRE YEAR → NEXT PAGE, GB1

GA16a. Think about this most recent time when you had two weeks in a row when you felt this way. In what month and year was this?

MONTH _____ YEAR _____