SECTION E: LIFE EVENTS AND SOCIAL SUPPORT

E1. About how many groups or organizations do you belong to just because you want to—like clubs, church groups, lodges, etc.—none, 1 group or 2 or more groups?

0. NONE
GO TO E2

1. 1 GROUP

2. 2 OR MORE GROUPS

E1a. How active are you in the groups or clubs you belong to? Are you very active, fairly active, or not active?

1. VERY ACTIVE; I attend most meetings.

2. FAIRLY ACTIVE; I attend fairly often.

3. NOT ACTIVE; I belong but hardly ever go.

E2. Here is a list of things that sometimes happen to people. Since (W3 IW DATE)...

	YES (1)	NO (5)
a. ...have you or one of your children been robbed, mugged, or attacked?		
b. ...have you had a relative or close friend in jail?		
c. ...have you had people living with you who you wish weren't there?		
d. (Since [W3 IW DATE]) has someone you were close to died or been killed?		
e. ...have you lived in a household with, or been close to someone, who had a problem with alcohol or drugs?		
f. ...have you had trouble finding a place to live?		
g. ...have you had any serious problems with any of your neighbors?		
h. ...have you been hassled by bill collectors or collection agencies?		

E3. (RB, P. 17) Now, I am going to read a list of opinions people have about themselves. After I read each one I want you to tell me how much you agree or disagree with the statement.

	STRONGLY AGREE (1)	AGREE (2)	DISAGREE (3)	STRONGLY DISAGREE (4)
a. There is no way I can solve some of the problems I have. Do you strongly agree, agree, disagree, or strongly disagree?				
b. I feel that I am being pushed around in life.				
c. I have little control over the things that happen to me.				
d. I can do anything I set my mind to (strongly agree, agree, disagree, or strongly disagree).				
e. I feel helpless in dealing with the problems of life.				
f. What happens to me in the future depends on me.				
g. There is little I can do to change the important things in my life.				

E4. (RB, P. 18) These next questions are about people in your life who you could turn to for help if you needed it. Please answer in terms of how things have been going for you in the past month.

	NO, DEFINITELY NOT (1)	NO, PROBABLY NOT (2)	YES, POSSIBLY (3)	YES, PROBABLY (4)	YES, DEFINITELY (5)
a. Would someone be available if you were upset, nervous, or depressed – no definitely not, no probably not, yes possibly, yes probably, or yes definitely?					
b. Is there someone you could contact if you wanted to talk about an important personal problem you were having?					
c. Is there someone who would help take care of you if you were confined to bed for several weeks?					
d. Is there someone you could turn to if you needed to borrow $10, a ride to the doctor, or some other small, immediate help?					
e. Is there someone you could turn to if you needed to borrow several hundred dollars for an emergency – (no definitely not, no probably not, yes possibly, yes probably, or yes definitely)?					
f. Would the people in your personal life give you information, suggestions, or guidance if you needed it?					
g. Is there someone you could turn to if you needed advice to help make a decision?					

E5. Is there anyone who counts on <u>you</u> to give <u>them</u> any of these kinds of help?

1. YES ↓

5. NO → GO TO E6

E5a. Does giving them help interfere with your work or regular activities?

1. YES

5. NO

E6. Now I would like to talk with you about people who have trouble taking care of themselves because of physical or mental illness, disability, or some other reason. Are you currently involved in helping someone like this by caring for them directly or arranging for their care by others?

1. YES ↓

5. NO → NEXT PAGE E7

E6a. Does giving them help interfere with your work or regular activities?

1. YES

5. NO

E6b. Does this person live with you in your household?

1. YES

5. NO

E7. (RB, P. 19) Now I'm going to read some statements about the future and goals you may have. After I read each one I want you to tell me how much you agree or disagree with the statement.

	STRONGLY AGREE (1)	SOMEWHAT AGREE (2)	SOMEWHAT DISAGREE (4)	STRONGLY DISAGREE (5)	DON'T KNOW (8)
a. The future seems to me to be hopeless, and I can't believe things are changing for the better. Do you strongly agree, somewhat agree, somewhat disagree, or strongly disagree?					
b. I feel it is impossible for me to reach the goals that I would like to strive for.					

E8. (RB, P. 20) Now I'm going to read a list of statements about people in general. After I read each one I want you to tell me how much you agree or disagree with the statement.

	STRONGLY AGREE (1)	AGREE (2)	DISAGREE (3)	STRONGLY DISAGREE (4)
a. Most people are honest chiefly because of a fear of being caught. Do you strongly agree, agree, disagree, or strongly disagree?				
b. It is safer to trust nobody.				
c. Most people make friends because friends are likely to be useful to them.				
d. Most people inwardly dislike putting themselves out to help other people. (strongly agree, agree, disagree, or strongly disagree)				
e. Most people will use somewhat unfair means to gain profit or advantage rather than lose it.				
f. No one cares much what happens to you.				
g. I think most people would lie in order to get ahead.				
h. I commonly wonder what hidden reasons another person may have for doing something nice for me.				

E9. (RB, P. 21) Please answer in terms of how things have been going for you in the last month. How often …

	NEVER (1)	RARELY (2)	SOMETIMES (3)	FREQUENTLY (4)	ALL THE TIME (5)
a. …did you feel that the people in your life let you down by not showing you as much love and concern as you would have liked? Would you say never, rarely, sometimes, frequently, or all the time?					
b. …have the people in your personal life really gotten on your nerves?					
c. …did the people in your personal life make you feel respected?					
d. (How often) Have you felt tense from arguing or disagreeing with people in your personal life?					
e. …have you felt irritated or resentful toward people in your personal life?					
f. …did you feel misunderstood by the people in your personal life?					

E10. (RB, P. 22) During the past month, about how often was time spent with people in your life unpleasant or distressing? Please include time spent with your spouse or partner, your friends and family, your co-workers, etc. Would you say every day, several days a week, about once a week, 2 or three times during the month, about once during the month, or not at all?

1. EVERY DAY	2. SEVERAL DAYS A WEEK	3. ABOUT ONCE A WEEK
4. 2 OR 3 TIMES DURING THE MONTH	5. ABOUT ONCE DURING THE MONTH	6. NOT AT ALL