<u>ARGUMENT WITH ROOMMATE</u> **You get in an argument with your roommate.** *Things to think about…* • *What might it have been about?* • *How did you resolve or not resolve it?*	<u>CHOOSING CLASSES</u> **You have to choose classes for next semester.** *Things to think about…* • *How do you make a decision?* • *How do you gather the information you need?*	<u>CAREER TALK</u> **You attend a career talk by a professional in your current field.** *Things to think about…* • *How might this change you?* • *Did you get anything out of it?*	<u>DINNER PLANS</u> **A friend invites you to dinner. You're free the day they invite you.** *Do you:* • *Say yes without a thought?* • *Say maybe, and think you'll have to check your bank account?* • *Ask if they'd want to eat in the dorm or at home instead?* • *Lie and say you can't come?*	<u>OVERWHELMED</u> **You realize you have taken on too many things and feel stressed.** *Things to think about…* • *What brought this on for you?* • *How will you respond?*	<u>MEDIOCRE ACADEMIC ADVISING</u> **Your academic advisor provided basic information on academic programs but didn't tailor their approach to you and your needs. They don't seem to know about you.** *Things to think about…* • *Do you try to get them to know you better? How?* • *Do you seek out other resources?*
<u>SICK</u> **You get pneumonia and you can't go to class.** *Things to think about…* • *How do you take care of yourself?* • *What else in your life is impacted?* • *Where do you go for support?*	<u>OFFICE HOURS</u> **You go to office hours and you have a positive experience.** *Things to think about…* • *How does this impact your approach to course work?*	<u>WELLNESS COACH</u> **Your friend tells you about a wellness coach they saw recently whom they had a positive experience with.** *Things to think about…* • *Is this something you need right now?*	<u>BAD GRADE</u> **You get a grade you're unhappy with in a required class for your major.** *Things to think about…* • *How do you react? Whom do you talk to about it?*	<u>MASS CLUB MEETING</u> **You saw a poster about a student group that interests you. You go to an informational mass meeting.** *Things to think about…* • *Do you get involved?*	<u>SUMMER INTERNSHIP</u> **Email from school about summer internship opportunities.** *Things to think about…* • *Is this something you're thinking about right now?* • *Do you need an internship for your major?*

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<u>HOUSING</u> **You find out from a friend that it's time to start planning for housing for next year.** Things to think about… • *Do you want to live in a dorm, apartment, a house, fraternity/sorority, or co-op?* • *Consider the cost, values, and commute time.*	<u>PET</u> **Your friend gets a pet and lets you come play with it whenever you want.** *Things to think about…* • *How does the pet make you feel?* • *Do you want a pet?*	<u>DATE</u> **Someone cute that you like asks you out on a date.** *Things to think about…* • *How do you feel?* • *How do you respond?*	<u>POSITIVE COMMUTE</u> **Foot or bus traffic was in your favor today. You made it to all of your events/meetings early.** *Things to think about…* • *How do you feel?* • *What do you do with your extra time before your events/meetings start?*	<u>DEATH IN THE FAMILY</u> **An extended family member has died.** *Things to think about…* • *Do you go to the funeral?* • *How do you seek support?* • *How does this affect other areas of your life?*	<u>TRAUMATIC EVENT OCCURS</u> **A traumatic personal event occurs.** *Things to think about…* • *How do you cope?* • *Who do you talk to about the event?* • *How does this affect other areas of your life?*
<u>NEGATIVE RELATIONSHIP</u> **You have a negative experience in a close relationship (friend, significant other, parent, roommate, other). You no longer want that person in your life.** *Things to think about…* • *Who do you talk to about this?* • *How does it affect other areas of your life?*	<u>FINANCIAL CHANGE</u> **Your financial status has changed. Your need for financial aid has increased dramatically.** *Things to think about…* • *Who do you talk to about this?* • *How does it affect other areas of your life?*				

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