

The Trotter Multicultural Center Presents the...
2005-2006 Student Success Series

***Creative Expression & Mental Illness:
Using Art to deal with stress and depression***

**Tuesday, April 4th, 2006
Trotter Multicultural Center
6:30pm – 8:30pm**

**Presented by
Prof. Anne Mondro,
School of Art & Design**



At some point everyone has felt overwhelmed by the intensity of their emotions in relation to what's happening in their lives. This workshop will provide both information and practical exercises how some artists and “ordinary people” have begin to explore these types of issues using a wide variety of creative methods. There will be a short background presentation on a number of projects that have occurred at the Depression Center and School of Art & Design, followed by some simple creative arts exercises which have can help channel thoughts and feelings into visual representations .

For more information email TrotterCenter@umich.edu.

*****The Trotter Multicultural Center is located at 1443 Washtenaw in Ann Arbor, MI. Parking is available behind the Center. Trotter can also be accessed via the Oxford/Trotter Link shuttle bus. For any further questions concerning directions, please call (734) 763-3670.**